

2016 CrossFit Open



For the next five weeks, Thursdays at 6 PM at Letrono Crossfit see who wins, starting 25 Feb.

Who's going to win? - select a winner for each week + \$5 & deposit at Letrono prior to the start of 16.1

16.1: Chyna Cho and Emily Abbott

NorCal CrossFit

16.2: Björgvin Guðmundsson and Dan Bailey

Garage Gym

16.3: Shawn Ramirez and Nicholas Paladino

CrossFit Jax

16.4: Katrin Davidsdottir and Sara Sigmundsdottir

Colorado Springs

16.5: Rich Froning, Ben Smith, Mat Fraser

The Ranch

Your name below:

*Mark 16.5 with a 1st, 2nd, 3rd